

Memoir-writing course mentoring small groups to realise their creative potential

Everyone has a story to tell but how do you go about turning that into a book? Will your story speak to a general readership? How do you decide what part of your life to write about? And when you have selected time frame, how do you carry out research and then distill that into an interesting narrative?

In writing a memoir, you never just tell your own story — we will look at what makes a story universal and how to distill your narrative into a story that will provide connection and catharsis for readers. We will also look at the crucial and delicate question of telling other people's stories, asking for permission, letting others read your manuscript, changing identifying details, and legal considerations.

This course will also help you to navigate how to carry out and boil down factual research into a palatable and engaging narrative, and how to weave larger societal and global questions and issues into a personal story that others can relate to. The course also includes a complimentary one-hour one-to-one tutorial session with me, which can be taken for up to a month after the course has ended.

Mentoring budding memoir-writers

I am excited to offer a 6-week memoir-writing course in small groups via video link live from Tuscany, starting on Sunday 2nd June 2024. If you have ever wanted to write, I can help you to turn your experiences into a compelling memoir. Over six weeks, I will mentor small groups personally, helping to release creativity and shape a personal narrative that brings your life experiences to the world. Weekly two-hour sessions will incorporate relaxation practices to help us find inspiration and face our fears, tutoring in a small group, personal mentoring for your story, and on-going feedback.

Classes will take place via Zoom, in a group of maximum 5 people to ensure plenty of personal attention and the possibility of building a strong cooperative relationship with fellow students through sharing and critiquing each other's work. We will be 'in the room' together so we can interact rather than solo study to a video or course manual; to this end, it is important to attend all the classes live and to be present on video during the class.

Part of the course fee of £400 (and currency equivalents) will go directly to *funding my new writing residence and retreat centre*, aimed at budding writers who wish to take some time out of life to immerse themselves in the marvellous nature of our corner of Tuscany to concentrate on writing. I will be on hand next door for guidance and mentoring and will be offering a sliding scale of involvement, teaching and holistic services to the budding writers in the Residence. Please let me know if you want any more information about this or to register your interest. If money is an issue, please let's talk as instalment plans are available.

Dates

- Sunday 2 June at 6pm Italian
- Sunday 9 June at 6pm Italian
- Sunday 16 June at 6pm Italian
- Sunday 23 June at 6pm Italian
- Sunday 30 June at 6pm Italian
- Sunday 7 July at 6pm Italian

About me

I am a writer, journalist, editor and broadcaster with 30 years' experience of writing books, editing magazines, writing features in major international publications and writing and broadcasting essays. I have published two successful books, both memoirs. THE CYPRESS TREE: A LOVE LETTER TO IRAN was published in the UK by Bloomsbury Publishing and in Italy by Piemme Voci. BELLA FIGURA: HOW TO LIVE, LOVE AND EAT THE ITALIAN WAY was published in the UK by Bloomsbury, in the US by AA Knopf and in Canada by Appetite Random House. It has also been published, in translation, in 16 other countries to date and is currently in development as a television series. My journalism has recently won two awards from the LA Press Club and also been nominated for the Amnesty International Human Rights in Journalism award and in the Best Essay category for the American Society of Magazine Editors. As a broadcaster I presented BBC Radio 4's FOUR THOUGHT for five years, and most recently broadcast an essay on BBC Radio 4's FROM OUR OWN CORRESPONDENT. As a writing teacher, I have also taught at Arvon Foundation in the UK and at the Silk Road Slippers Masterclasses in Marrakech alongside Nobel Laureates and Booker prize winning authors. My full biography is on www.kamin.co.uk

Feedback from past students

'How wonderful it has been to have the opportunity for personal growth. Thank you' – Ruth from London

'You are the Memoir Midwife!' - Patricia from New York

'I recently discovered Kamin Mohammadi through reading her book Bella Figura. I signed up for her memoir writing course, which was transformative. It was amazing how effortlessly she was able to bring to life writing concepts that had alluded me prior. She's such a gifted talent and a joy to learn from. I highly recommend her writing course. Simply amazing!' — Hannah from the US

'Thank you for another year of inspiration and support, I really feel you have allowed me a new life' – Emma from the UK

'I am so profoundly grateful for you – thank you for being such an eloquent teacher – for sharing your gift, your wisdom, and knowledge, and imparting these on to us' – Claire from NYC

'Thank as always! You are such a wonderful inspiration and I love you to bits!' – Emma from Scotland

For more details and to contact me, please visit: www.kamin.co.uk/writingcourse